



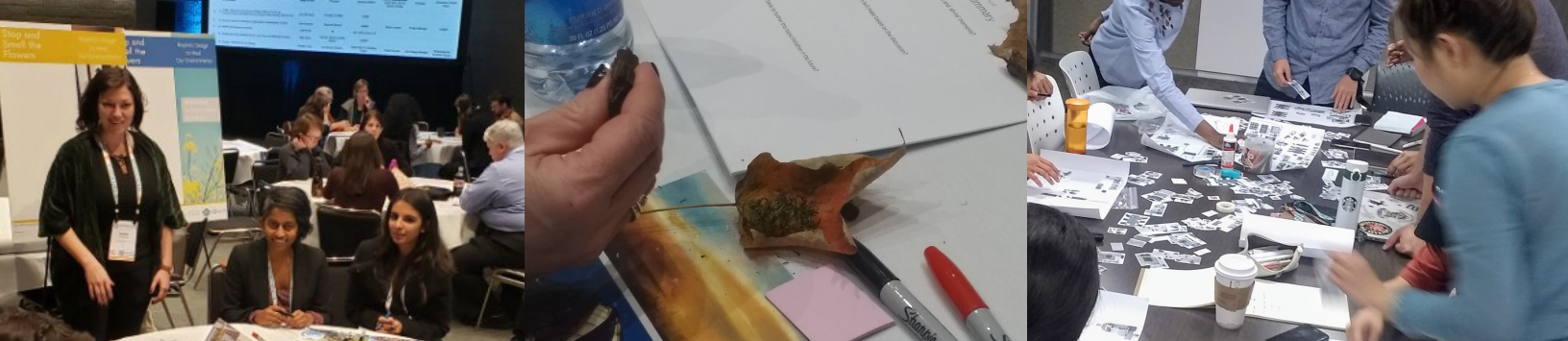
Speaking Topics

Creating Space for Your Intuitive Connection

Blending Nature, Science, and the Woo

So you can be your YOUest You.

Intuitivebynature.com



SPEAKING & WORKSHOPS

Fostering Stress Reduction, Productivity & Focus

for Empaths in an Always "On" World.

Ideal Duration: 30 minutes to 1.5 hours (can be modified)

When we work for passion-driven missions it can be easy to take on the energy of those around us and the emotional intensity of the projects we're honored to support. This is especially true for those of us having high levels of empathy—a common trait in both the non-profit and for-profit realms. In this interactive session, you'll learn, discuss, and apply research-driven approaches to calm your nervous system while also protecting and grounding your energy to foster productivity and focus.

This interactive session is open to everyone, and is especially supportive for those of us who are highly sensitive persons and empaths. It blends science, mindfulness and humor sharing tools to foster your overall wellbeing and honor your business super power of empathy.

Creating Space for Your Intuition

Ideal Duration: 30 minutes to 1.5 hours (can be modified)

Foster a deeper connection with your intuition through this interactive, research rooted, and visually captivating presentation. You'll discover an overview of how to use ritual, the nurturing science of your connection with nature, and environmental psychology within the interior design of your everyday spaces, such as your homes, healing centers, or workplaces, to uncover tangible ways to deepen your connection with your authentic self and enhance your overall wellbeing.

Wait, Who's Clair?!

An Analytical Professor's Journey Connecting with Her Mediumship Abilities

Ideal Duration: 20 minutes to 1 hour (can be modified)

Join this interactive personal story of connecting with your authentic truth. Bonnie shares the ups and downs of her journey embracing her intuitive mediumship abilities. As someone who spent the previous decade in the analytical realms of corporate America and academia, it was initially very difficult for her to listen to her ever-expanding highly sensitive empathic nature. This conversation is filled with vulnerability, overcoming self-limiting beliefs, fear of professional rejection, and ultimately learning to embrace self-trust. It is the hope that this conversation inspires others to step more fully into their range of authentic layers, regardless of what those layers may be.



About the Presenter:

Combining over a decade of research-driven experience, her intuitive empathic abilities and collaborative approach, **Bonnie Casamassima** founded Intuitive By Nature to support people in connecting more fully with their innate intuitive abilities to nurture their intentional quality of life. Bridging the research and practical worlds, she guides clients on how to nurture their productivity, wellbeing and intuition using research-driven storytelling, the healing science of nature (biophilia), and mindfulness.

She is a Researcher and Professor holding a Bachelor of Science degree and a Master of Fine Arts degree within Interior Design focusing on Biophilia & Environmental Psychology. She loves her partner and his two kids, hugs and a good belly-laugh.

Connect to discuss your speaking needs and rates: bonnie@Interweavepeopleplace.com or 404.953.9037